

InStyle Home

*Easy
Outdoor
Living*

* Pretty Patio
Furniture

* An Amazing
Backyard Re-do

* Fresh, Fun
Party Ideas

Alicia
Silverstone's
Eco-Savvy
Home

Bathroom
**Before
+ Afters**

*The Latest
In Lighting*

275
Design Finds

(Starting at Just \$10!)

INSTYLE SPECIAL ISSUE DISPLAY UNTIL JUNE 22

\$3.99US \$5.99CAN



0 72440 10647 5

7 1>

SPRING 2007 INSTYLE.COM

Silverstone's patio is furnished with a California Living table of plantation-grown teak, along with One Earth One Design folding chairs, made of recycled wine barrels. The solid-color pillows sport weather-resistant Sunbrella fabrics; the organic-cotton butterfly print is by Mod Green Pod. **OPPOSITE** The actress and her husband, musician Christopher Jarecki, jump for joy on their trampoline.



Alicia in

Though she has been a Hollywood hit since age 16, Alicia Silverstone remains surprisingly



wonderland

down-to-earth—and earth-friendly, with a home that's both green and gracious

WRITTEN BY DEGEN PENER | PHOTOGRAPHED BY MATTHEW HRANEK



In the kitchen's breakfast nook, an ornate antique settee faces off against a pair of weathered metal chairs from Big Daddy's Antiques in L.A. The rustic table is from Dos Gallos, also in L.A.; the pillows, by Poppy Cotton, are covered in repurposed sheets.

that one of those might help too."

Her eating habits weren't exemplary either. "Steak and doughnuts," recalls Silverstone, who also used to smoke. "I wasn't very healthy." Then in 1998 she attended an animal-rights meeting and had a revelation while watching her vegan colleagues savor a meatless lunch. "I realized that I was the problem. I was an animal lover who was eating animals."

Silverstone drove home in tears and told Jarecki she wanted to stop eating meat, eggs and dairy, and stop using anything made of materials that come from animals, including wool or leather clothing. He signed on to the plan as well. "Now I'm a total health nut," she says. "I don't get sick very often, and when I do it lasts for a short period. It's empowering to know that you're responsible for how you feel each day because of the way you treat your body."



ABOVE Silverstone's dog Samson, one of three she rescued, hangs out on the upstairs balcony near a Guatemalan heartwood chair and a daybed of reclaimed birch. LEFT L.A. landscape architect Rob Steiner filled the patio with potted plants such as a dwarf olive tree and New Zealand tea tree. The chair is vintage Castelli.



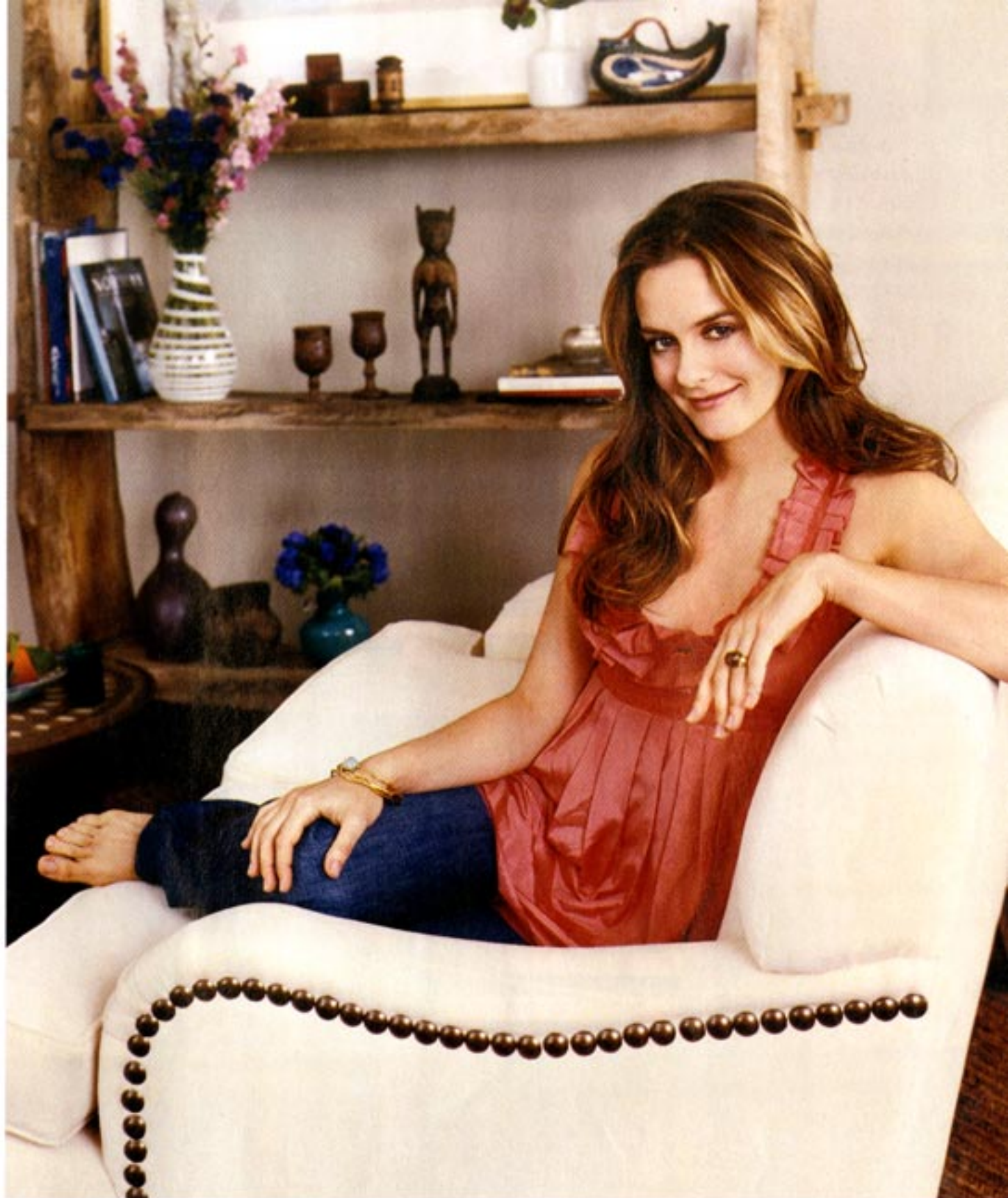
Silverstone is undeniably earnest, but she and Jarecki also know how to have fun. On one side of the house, the couple—who met outside a movie theater in 1997 (she said hi first; he asked her out)—have a trampoline they jump on regularly. "It's great exercise and really makes you giggle," the actress says. The two also enjoy entertaining by the pool, serving meals made with vegetables from their garden. "We have his bandmates

over a lot," Silverstone says of Jarecki's group, Little Wolverines. "We eat and drink wine and play water basketball. When the sun is shining, we're outdoors all the time." And for her, the closer to nature, the better. "It's just so lovely to appreciate the trees and birds and animals. Everything you do in the name of the environment not only saves your health, it saves your soul." [Want to get the look? Turn to the Sourcebook on page 135.] ■

A t Alicia Silverstone's

Los Angeles home, there's a running competition over who uses the least electricity. "My husband laughs at me," she says of her longtime love, rock musician Christopher Jarecki. "I go around unplugging things, so he loves it when I leave something on. He enjoys getting me back. We mock each other, and it's perfectly lovely fun."

Smart, exuberant and incredibly conscientious, Silverstone is fast becoming a Hollywood role model for ecologically sustainable living. "Everything we've brought into this house is environmentally sound," declares the actress, who rose to fame, ironically, after playing über-consumer Cher in the hit 1995 film *Clueless*. There are solar panels on



ABOVE Silverstone, in a silk-cotton top by Ports 1961, relaxes on her living room sofa, which is upholstered in organic-cotton velvet; the bookcase wood is from a tree that fell on its own. LEFT Two Kim McCarty watercolors hang above the mantel, where they're flanked by a pair of Lyn Winter's abstract acrylic paintings.



the roof, energy-efficient appliances in the kitchen, and compact fluorescent lightbulbs in every socket—not to mention the Toyota Prius she has parked in the driveway. And with the recent installation of a well-engineered heating and cooling system, her place now draws half as much power from the grid as it used to. "I love living this way," she says. "It's so satisfying and inspiring."

"Alicia really cares about the health of

the planet," says Mary Cordaro, an environmental consultant who works with Silverstone to ensure that her choices are indeed eco-savvy. "She's passionate about making the right decisions."

Of course, good intentions don't always make for great décor. But not long ago, Silverstone decided to boost her home's style quotient with help from L.A. designer Sasha Emerson. When they met, the actress says, she



Silverstone, in a Catherine Malandrino cotton voile dress, barrels up to the stucco bar, furnished with a set of teak stools. Birds-of-paradise and red flax form a lush backdrop.